

2022 Vivencial Extension “Tree of Desires” with Maira Martinez.

2022 Biodanza Extension Training “The Hero’s Journey” with Flavio Boffetti

2019 Biodanza Vivencial Seminar “Identity and the 4 Elements” with Helene Levy Benseft.

2018 Biodanza Vivencial Seminar “Voice, Music and Percussion” with Sergio Cruz.

2018 Participant in European Biodanza Congress in Spain.

2017 – 2022 Teacher Training, Norske Biodanzaskole:

2017- 2018 Participant in regular group, facilitator Ingeborg Kjos-Hanssen.

2014 Participant in regular group, facilitator Ricardo Spreafico.